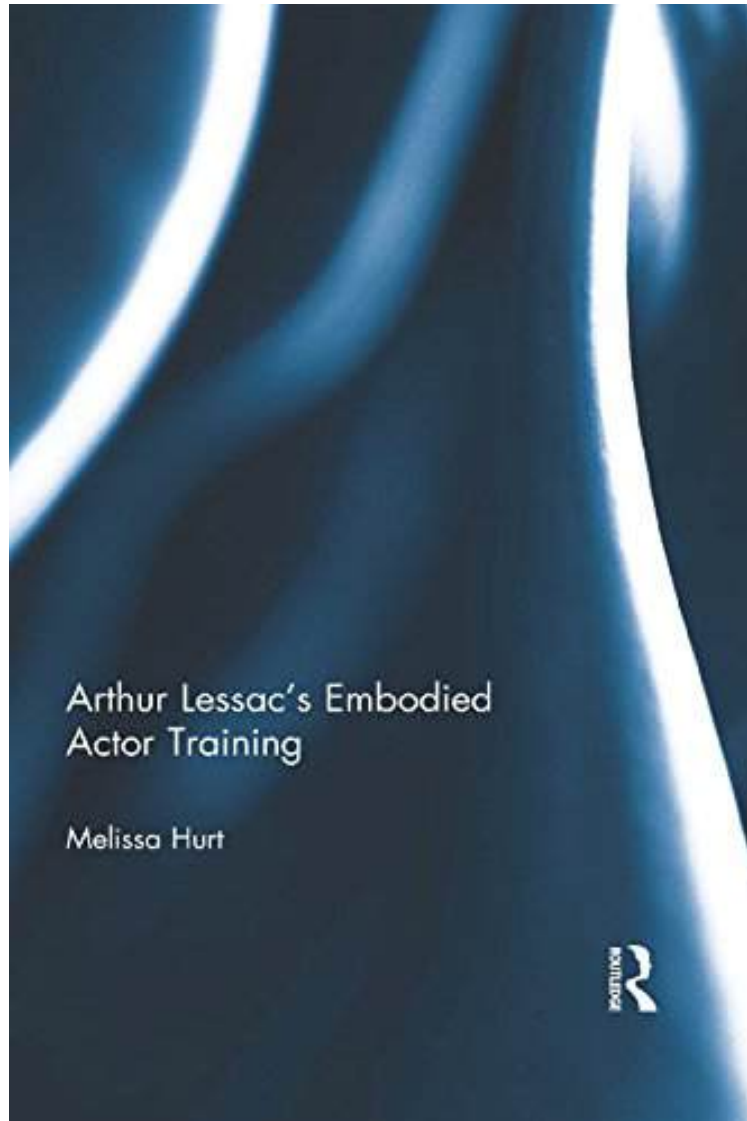


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Arthur Lessac's Embodied Actor Training

By Melissa Hurt

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1 of 1 review helpful Full Sensual Embodied Acting By Kathleen M Thomas Fully embodying life and experience through a rich dialectic between body and mind is the goal of many actors Arthur Lessac spent much of his career exploring how this embodiment could be achieved allowing the body rsquo s movement and musculature an equal voice Dr Hurt brings Lessac rsquo s work to life with clarity and passion making his the Arthur Lessac rsquo s

Embodied Actor Training situates the work of renowned voice and movement trainer Arthur Lessac in the context of contemporary actor training Supported by the work of Constantin Stanislavsky and Maurice Merleau Ponty s theories of embodiment the book explores Lessac s practice in terms of embodied acting a key subject in contemporary performance In doing so the author explains how the actor can come to experience both About the Author Melissa Hurt is a Lessac Certified Trainer and has taught acting and Lessac rsquo s voice speech and movement work at colleges across the United States She has a PhD from the University of Oregon and an MFA from Virginia Commonwealth Univers

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